



Simplicity
Church
NETWORK

Rooted in Jesus. Led by the Spirit.
Living in Simplicity.

SCRIPTURE REFLECTION GUIDE

What Is in Your Hand?

A quiet reflection on Exodus 4:1-17
for moving beyond past failure and toward the next faithful step

"What is that in your hand?"

Exodus 4:2

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Prepared as a companion resource for personal reflection and prayer.

Simply Organic Faith / Simplicity Church Network

What Is in Your Hand?

A quiet reflection on Exodus 4:1-17

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What Is in Your Hand?

A quiet reflection on Exodus 4:1-17 for moving beyond past failure and toward the next faithful step.

"The Lord said to him, 'What is that in your hand?' He said, 'A staff.'"

Exodus 4:2

Begin Here

Moses did not hear God's call as a blank slate. He heard it through the memory of rejection, failure, and forty years in the wilderness. God did not shame him for his fear. He answered him, revealed His power, promised His presence, and asked Moses to take the next step.

Formation line: A past failure may explain your hesitation, but it does not have to become the final authority over your obedience.

Read the Passage Slowly

Read Exodus 4:1-17 once for the story. Read it again and notice what Moses says about himself. Read it a third time and notice what God reveals about Himself.

1. What fear or past failure comes to mind as you read Moses' objections?

2. Which response from God feels most important for you today?

3. Are you asking God an honest question, or have you quietly decided, "Send someone else"?

Name the Failure Without Letting It Name You

Write one truthful sentence describing what happened. Do not minimize it, and do not turn it into your identity.

What Is Already in Your Hand?

Moses looked at the size of the assignment. God drew his attention to something ordinary.
Notice what has already been entrusted to you.

What God has placed in my hand	How it could be surrendered

Choose One Next Faithful Step

You do not have to carry the whole future today. Choose one action that is small, honest, and possible within the next seven days.

My next faithful step is:

The person who can pray or walk with me is:

I will take this step by:

Reflection Questions

- What part of Moses' hesitation feels most familiar to me?
- Whose criticism or disbelief am I most afraid of facing?
- Where am I relying on confidence when God is inviting me to rely on His presence?
- Who might be an Aaron beside me — someone who can support without replacing my obedience?

Closing Prayer

Father,

You know the failures I remember and the places where fear still speaks loudly. Thank You for meeting me without shame. Help me see You more clearly than I see my limitations. Show me what is already in my hand and teach me how to surrender it. Give me courage for the next step — not courage built on performance, but courage rooted in Your presence. Place faithful people beside me, and keep me from using support as a substitute for obedience. Teach me to say yes slowly, honestly, and fully. In Jesus' name, amen.

Return to this guide after seven days. Notice what changed, what became clearer, and where God met you in the step you took.